

Walk and Roll to School Day!

Who: All students, teachers, and parents are encouraged to participate.

What: We will walk and roll to school together.

When: Tuesday, March 21 at 7:15 am. You can meet us at the designated locations at 7:05 am or walk on your own from home. (Please do not leave your child at either location without checking in with RDES staff).

If it rains we will walk and roll on *Friday, March 24 at 7:15 am*.

Where: The *Tuesday Morning Parking lot* (725 Cherry Road, Rock Hill, SC 29732) **OR** *The Church* on the corner of McDow and Bose Ave. (1004 McDow Dr., Rock Hill, SC 29732).

Why: Physical activity makes us better learners! Research says that physical activity gets our brains ready to learn. It is fun to be physically active! Please come walk with us and spend some time having fun and being physically active with your child.

Note: Parents, if you are unable to walk with us you can still bring your child to one of our locations and we will have volunteers and teachers on hand to walk with them to school.

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