



Helping Students Succeed

Elementary counseling attempts to help all children get the most out of school.

Your support and cooperation can help make your child's school years a rewarding experience.

It is our hope that parents and students feel free to use these services. I look forward to working with you.




Schedule:

My schedule varies weekly depending on scheduled activities. I will however push into classes weekly.

Please call or email me if I can be of assistance to you or your student.

I look forward to having a great year with our Trojans!



Meisha Woods
School Counselor
lwoods@rhmail.org
(803)-981-1272
To refer a student to the counselor, link here:
<https://goo.gl/uVprqU>

Sunset Park CAS



Elementary School Counseling

Ms. Meisha Woods



Elementary Counseling Program

Students, I am here to help you with:

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (stress, worry, anger, etc.)
- Dealing with peer pressure and bullying



Parents, I am available to assist and provide you with:

- Exploring ways to help your child succeed



- Improving parent-child communications
- Referrals for community sources
- Understanding the developmental changes of childhood
- Supply reference materials
- Information to help understand your child's special needs

Services Provided:

- Classroom Presentations
- Group Counseling (grief, divorce, social skills, and study skills)
- Brief Solution-Focused Counseling
- Parent Consultations
- Community Resource Referrals

*Please note school counselors do not provide “therapy” or “traditional counseling”.

Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.

Adventure Awaits !!