

## View results

Respondent

58

Anonymous

57:17

Time to complete

### 1. School District \*

York 3

### 2. Wellness Contact Name and Email \*

Sadie Kirell skirell@rhmail.org/Gary Black gblack@rhmail.org

## Wellness Policy Components

District Wellness Committee/ Coordinated District Health Advisory Council

#### 4. Describe Actions Taken for Implementation (include supports and challenges) \*

The COVID pandemic has created many challenges related to meeting the requirements in the district wellness policy. All of the above items are included in our district wellness policy. Our plan is to re-educate and provide support at the school level in the 22-23 school year to meet the requirements of the policy.

#### 5. Data Source for Monitoring \*

Alliance for a Healthier Generation

Fully in Place

Partially in Place

Not in Place

3b. To the extent possible, committee includes representatives of Students (PO-3)

3c. To the extent possible, committee includes representatives of District Nutrition Services (PO-3)

3d. To the extent possible, committee includes representatives of Physical Education Teachers (PO-3)

3e. To the extent possible, committee includes representatives of School Health Professionals (PO-3)

8. Data Source for Monitoring \*

Alliance for a Healthier Generation was the data tool schools/districts was utilizing pre-pandemic, Nutrition Advisory Council meeting minutes, and Nutrislice nutrition program. Nutrition education programs were conducted pre-pandemic.

## Wellness Policy Components

### Food and Beverage Availability

9. School Meals \*

	Fully in Place	Partially in Place	Not in Place
4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Describe Actions Taken for Implementation (include supports and challenges) \*

Students at the elementary level were required to eat in their classrooms during the pandemic.

11. Data Source for Monitoring \*

Food service management company meal audits.

12. Foods Sold Outside of School Meals Program(Competitive Foods and Beverages) \*

Fully in Place

Partially in Place

Not in place

5. Foods and beverages sold outside of the school meal programs(e.g. , "competitive foods and beverages) will meet the USDA Smart Snacks in School nutrition standards. (SS-1, SS-2)

5a. The following venues currently comply with Smart Snacks requirements during the school day: School Stores, Vending Machines, Concessions

## 15. Food and Beverage Marketing \*

Fully in  
Place

Partially in  
Place

Not in  
Place

7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards.  
(PO-3)



## 16. Describe Actions Taken for Implementation (include supports and challenges) \*

District policy includes this requirement related to food and beverage marketing. The district has contracted with one vending machine vendor to make sure wellness policy requirements are followed.

## 17. Data Source for Monitoring \*

Site visits conducted by food service department.

## Wellness Policy Components

District Goals for Health & Wellness

## 20. Data Source for Monitoring \*

Instruction department oversees curriculum. Food service vendor provides dates of program implementation.

Fully in Place

Partially in Place

Not in Place

9b. TN resources are used to promote nutrition throughout the district. \*

10. Promote healthy food and beverage choices and participation in school meal programs through use of marketing and merchandising and through adherence to 100% of foods and beverages promoted to students meeting the USDA Smart Snacks in School nutrition standards. (NS-5, SS-3)

22. Describe Actions Taken for Implementation (include supports and challenges) \*

Not all schools are enrolled in as a Team Nutrition school, as this seems to be a newer program.



## 24. Physical Activity \*

Full in Place

Partially in  
Place

Not in  
place

11. Schools promote and ensure varied physical activity opportunities such as before, during, and after school; staff environment; and family and community engagement, that are in addition to, and not a substitute for, quality physical education.  
(PO-8, PA-4, PA-3, PA-2)



## 27. Physical Education

Fully in  
Place

Partially in  
Place

Not in  
Place

13. District will provide students with physical education using an age-appropriate, sequential PE curriculum consistent with national and state standards for PE. (HPE-3)



13a. Fitness testing of students occurs, at a minimum, in grades 2 (height & weight only), 5, 8, and in high school PE course required for graduation. Individual student fitness reports are shared with parents/caregivers.\* Per SC Students Health and Fitness Act of 2005



## 29. Data Source for Monitoring \*

Fitness Gram

Fully in Place

Partially in Place

Not in Place

15b. Information is shared on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.

16. Every three years, the district develops a report that meets the following requirements:  
\*\*(PO-3)

16a. All schools' comply with the district wellness policy.

16b. How the district policy compares with state and/or federal model wellness policies.

32. Data Source for Monitoring \*

Triennial assessment

33. Other School Based Strategies for Wellness

	Fully in Place	Partially in Place	Not in Place
18. SFAs must include, at a minimum, one goal for Other School-Based Strategies for Wellness in the LWP. SFAs must explore the use of evidenced based strategies when identifying goals. (List and report below)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

34. Describe Actions Taken for Implementation (include supports and challenges)

Meeting USDA food requirements, Fitness Gram, Site visits, promoting staff wellness through worksite screenings, school level fun run to promote physical activity.

35. Data Source for Monitoring

37. Describe Actions Taken for Implementation (include supports and challenges)

Continue to find challenges in using food for rewards in the classroom.

38. Data Source for Monitoring

School administrators monitor classroom compliance.

39. Optional Goals-Water

	Fully in Place	Partially in Place	Not in Place
20. Free, safe, unflavored, drinking water available throughout every school campus.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

40. Describe Actions Taken for Implementation (include supports and challenges)

41. Data Source for Monitoring

## 45. Optional Goals: Community Involvement

	Fully in Place	Partially in Place	Not in Place
22. School will allow community members access to the district's outdoor physical activity facilities before and after school. (PA-8)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
22a. District has adopted the SC School Boards Association's model Open Community Use of School Recreational Areas(KFA) policy.*	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
23. School partners with local community organizations , businesses, or local hospitals to engage students and their families in health promotion activities. (PO-9)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>