

## About Mrs. Redden

I have been at Rosewood since the 2018-2019 school year and love every minute of it. Prior to working at Rosewood, I started my School Counseling career in Charlotte Mecklenburg Schools (CMS) in February 2016. I hold my LPC in NC and despite living in Fort Mill, I have worked in NC since moving here in July 2006. I was very excited to finally find a job closer to home in SC.

I grew up in the state of NY and graduated from Hendrick Hudson High School which is about an hour north of New York City. I obtained my Bachelor's degree at Temple University in Philadelphia, PA and received my Master's Degree in Mental Health Counseling from Boston University in Boston, MA.

I got tired of all the cold weather and snow storms and decided to move down south to be near my older sister and her family in July 2006. I worked in NC doing intensive in-home therapy keeping families together and assisting with reunification of children with their family. It was amazing and rewarding work. I was lucky to grow professionally with that company which allowed me to travel and provide training to new staff and supervisors.

In June 2012, I married Mr. Redden on a beach and in 2014 we welcomed our first daughter Zoey. As things began to change at work, I decided to go back to school at UNC Charlotte to obtain my School Counseling Certificate. This allowed me to change jobs and have more stable hours and not travel around the country. I was very happy to see the school counselor position at Rosewood in the spring of 2018. I accepted the job only a week before welcoming our second daughter Maggie into the world.

It was bittersweet to leave my CMS school family but I was happy to be closer to home and begin my journey as a Rosewood Lion. I am proud to be a Leading Lion and work with all of the students at Rosewood as they learn and show everyone the Rosewood Way at school and in the community.

