

COVID-19 Resources



General Information

- [Coronavirus disease \(COVID-19\) Pandemic](#), webpage (WHO)
- [Coronavirus \(COVID-19\)](#), webpage (CDC)
- [COVID-19 Symptoms](#), webpage (CDC)
- [How to Protect Yourself](#), webpage (CDC)
- [Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission](#), pdf (CDC)
- [Reducing Stigma](#), webpage (CDC)

Resource Pages

- [APA Coronavirus Resources](#), webpage (APA)
- [Coronavirus \(COVID-19\)](#), webpage (SAMHSA)
- [Coronavirus and Emerging Infectious Disease Outbreaks Response](#), webpage (CSTS)
- [COVID-19 Resources](#), webpage (NCSMH)
- [Supporting Families During COVID-19](#), webpage (CMI)

Clinicians

- [Caring for Patients' Mental Well-Being During Coronavirus and Other Emerging Infectious Diseases: A Guide for Clinicians](#), PDF (CSTS)
- [Clinician-to-Clinician Consults: Confidential Answers to Questions about COVID-19](#), webpage (APA)
- [Helping People Manage Stress Associated with the COVID-19 Virus Outbreak](#), webpage (VA)
- [Practice Guidance for COVID-19](#), webpage (APA)
- [Preparing for Infectious Disease Epidemics: Brief Tips for School Mental Health Professionals](#), webpage (NASP)
- [Psychological Effects of Quarantine During the Coronavirus Outbreak: What Healthcare Providers Need to Know](#), PDF (CSTS)
- [Taking Care of Patients During the Coronavirus Outbreak: A Guide for Psychiatrists](#), pdf (CSTS)
- [Telepsychiatry and COVID-19](#), webpage (APA)
- [Telepsychiatry in the Era of COVID-19](#), on demand webinar (APA)
- [Telepsychiatry Toolkit](#), webpage (APA)

Mental Health

- [Coping With Stress During Infectious Disease Outbreaks](#), pdf (SAMHSA)
- [Coronavirus and Mental Health: Taking Care of Ourselves During Infectious Disease Outbreaks](#), webpage (APA)
- [COVID-19 Resource and Information Guide](#), pdf (NAMI)
- [How to Prevent Loneliness in a Time of Social Distancing](#), webpage (SA)
- [Stress and Coping During COVID-19](#), webpage (CDC)
- [Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation During an Infectious Disease Outbreak](#), pdf (SAMHSA)
- [Tips for Self-Care and Managing Stress](#) (JED)
- [Working Remotely During COVID-19](#), webpage (APA)

COVID-19 Resources



Students and Families

Talking to Children about Coronavirus

- [Educator Shares Tips for Talking to Kids About Coronavirus Fears](#), blogpost (NYST)
- [How to Talk to Kids About Coronavirus](#), webpage (NYT)
- [How to Talk To Your Kids About Coronavirus](#), website (PBS)
- [Talking to Children About Coronavirus](#) American Academy of Child and Adolescent Psychiatry, PDF (AACAP)
- [Talking to Kids About the Coronavirus](#), webpage (CMI)
- [How to Talk to Kids about Coronavirus](#), webpage (OS)

Helping Children

- [Countering COVID-19 \(Coronavirus\) Stigma and Racism: Tips for Parents and Caregivers](#), webpage (NASP)
- [Helping Children Cope With Changes Resulting From COVID-19](#), webpage (NASP)
- [Helping Homebound Children during the COVID-19 Outbreak](#), pdf (CSTS)
- [Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019](#), pdf (NCTSN)
- [Taking Care of Your Family During Coronavirus and Other Emerging Infectious Disease Outbreaks](#), pdf (APA)
- [What To Say To Kids When The News Is Scary](#), webpage (NPR)

For Children

- [Just for Kids: A Comic Exploring the New Coronavirus](#), webpage (NPR)
- [The Ultimate Kids' Guide to the New Coronavirus](#), webpage (LS)

Schooling at Home

- [Caring for Preschoolers at Home](#), webpage (HGSE)
- [Coronavirus Lesson Plans & Resources](#), webpage (SML)
- [Learning at Home](#), webpage (SI)
- [School Closure Learning Guide](#), webpage (GS)

Teachers

- [SEL COVID Resources](#), webpage (CASEL)
- [The Coronavirus Surfaces Fear, Stereotypes & Scapegoating](#), webpage (ADL)
- [Countering Coronavirus Stigma and Racism: Tips for Teachers and Other Educators](#), pdf (NASP)
- [Guidelines for Talking with Students About the Coronavirus](#), webpage (MCTSR)
- [Speaking Up Against Racism Around the New Coronavirus](#), webpage (TT)
- [Protect Yourself & Stand Against Racism](#), webpage (FH)

Administrators

- [A Coronavirus Outreach Plan: 5 Steps for District Leaders](#), webpage (EW)
- [Coronavirus and Schools](#), webpage (EW)
- [Coronavirus: Multilingual Resources for Schools](#), webpage (CC)
- [Coronavirus Resources for Schools](#), webpage (ACSA)
- [Interim Guidance for Administrators of US Childcare Programs and K-12 Schools](#), webpage (CDC)
- [Leaders' Guide to Risk Communication in the Face of Coronavirus and Other Emerging Public Health Threats](#), PDF (CSTS)
- [Preparing for a Pandemic Illness: Guidelines for School Administrators and School Crisis Response Teams](#), webpage (NASP)
- [Responding to COVID-19: Brief Action Steps for School Crisis Response Teams](#), webpage (NASP)

COVID-19 Resources



- [Responding to the Coronavirus: What We Are Doing and Resources for Education Systems](#), webpage (CFC)
- [Schools and Coronavirus: What You Should Know](#), webpage (NEA)
- [State Education Chiefs on the Coronavirus: What We Need to Know Now](#), webpage (EW)

Other:

- [Find Your Local Foodbank](#), webpage (FA)
- [Families First Coronavirus Response Act: Questions and Answers](#), webpage (DOL)
- [Spectrum Internet Free to Students](#), webpage (CCI)
- [Coronavirus Scams: What the FTC is Doing](#), webpage (FTC)
- [National Disaster Helpline](#) 1-800-985-5990 , or text 'TalkWithUs' to 66746

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ACRONYMS

Acronym	Name	Website
AACAP	American Academy of Child and Adolescent Psychiatry	aacap.org
ACSA	Association of California School Administrators	acsa.org
ADL	Anti-Defamation League	adl.org
APA	American Psychiatric Association	apa.org
CASEL	Collaborative for Academic, Social, and Emotional Learning	casel.org
CC	Colorín Colorado	colorincolorado.org
CCI	Charter Communications Inc.	charter.com
CDC	Centers for Disease Control and Prevention	cdc.gov
CFC	Chiefs for Change	chiefsforchange.org
CMI	Child Mind Institute	childmind.org
CSTS	Center for the Study of Traumatic Stress	cstsonline.org
DOL	US Department of Labor	dol.gov
EW	Education Week	edweek.org
FA	Feeding America	feedingamerica.org
FH	Facing History and Ourselves	facinghistory.org
FTC	Federal Trade Commission	consumer.ftc.gov
GS	Great Schools	greatschools.org
HGSE	Harvard Graduate School of Education	gse.harvard.edu
JED	The Jed Foundation	jedfoundation.org
LS	Live Science	livescience.com
MCTSR	Morningside Center for Teaching Social Responsibility	morningsidecenter.org
NAMI	National Alliance on Mental Illness	nami.org
NASP	National Association of School Psychologists	nasponline.org
NCSMH	National Center for School Mental Health	schoolmentalhealth.org
NEA	National Education Association	neatoday.org
NPR	National Public Radio	npr.org
NYST	New York School Talk	newyorkschooltalk.org
NYT	New York Times	nytimes.com
OS	Open Circle	open-circle.org
PBS	Public Broadcasting Service	pbs.org
SA	Scientific American	scientificamerican.com
SAMHSA	Substance Abuse and Mental Health Services Administration	scientificamerican.com
SI	Scholastic, Inc.	scholastic.com
SML	Share My Lesson	sharemylesson.com
TT	Teaching Tolerance	tolerance.org
VA	U.S. Department of Veterans Affairs	va.gov
WHO	World Health Organization	who.int