

PreK - 2nd Grade Related Arts Choice Board

Directions for Related Arts for April 2-3, April 13-17 and April 22-30. Complete 1-2 activities a day. Do 3 of 4 boxes for each Related Arts area. You do not have to complete the entire board. Please sign each completed box and send a picture of the board in Dojo or email to related arts teachers when boxes are completed. Please send videos and/or pics of activities completed through Dojo or email as well. We would love to “see” the students!

PE - jhagood@rhmail.org

Music - dpwade@rhmail.org

STEAM - jcwhite@rhmail.org

Guidance - gpearson@rhmail.org

Media - smcfate@rhmail.org

Art - brice@rhmail.org

ART Draw a random line on your paper with your eyes closed. Open your eyes, change your pen color and turn that line into a picture of something.	MUSIC Take a listening walk. What do you hear? Name 3 sounds and describe them as high or low, and loud or soft.	PE Watch, “5 minute move, Kids workout 1” on Youtube. Create your own workout using your 3 favorite exercises. Do each exercise for 40 seconds with a 20 second rest in between.	STEAM Watch, “If I Built a House” on Youtube. Design your dream house.	MEDIA Read for at least 20 minutes with a grown-up. (Does not have to be all at one time.)
GUIDANCE Tell someone about a time when you used self-control.	ART Open a book to a random page and illustrate what you see in your own style.	MUSIC Use recycled materials to create an instrument. Play the instrument to the steady beat while you listen to a song!	PE Think about your favorite healthy snack. Write down why you like it and why it is healthy. Talk to a family member about their favorite healthy snacks.	STEAM Measure and record the distance in steps it takes to get from your bed to the front door.
MEDIA Stack two pieces of paper and fold them together to make a book. Fill the book with pictures and words about your eLearning experience.	GUIDANCE Discuss or write about the feelings of a character in one of your favorite tv shows or movie.	FREE SPACE Go wash your hands for 20 seconds!	ART Draw a picture of your art class & art teacher doing something fun! (Ex: getting ice cream, at a theme park, your choice!)	MUSIC Sing a new song and share with someone in your house. Tell them why you like it! If you need song ideas you can go to The Learning Station on YouTube.
PE Create a locomotor track outside or inside. Be sure to use the following locomotors: skipping, galloping, hopping, jumping, & running. Move around your track for 5 minutes, walk as a rest.	STEAM Use recycled materials to create an Earth Day project. Be creative!	MEDIA Tell a grown-up about your favorite book. Share with them what makes it your favorite.	GUIDANCE Send a “thinking of you” note/card to your grandparents, aunt, uncle, or another adult.	ART Draw a picture of yourself as your favorite character! (Ex: Spiderman, Elsa, etc.)
MUSIC Play Freeze Dance! Turn on a song, move to the music, freeze when the music pauses! Pause randomly for fun! Move based on what you hear in the music (i.e fast, slow, make your body tall for loud music, etc.)	PE Practice the following ball skills, if you don’t have a ball, crumple up paper into a ball: -Throwing and tossing -Self toss and catch -Kicking (Toe Down) -Striking (Toss and Hit) -Basketball Shooting	STEAM Watch any “Earth Day Birthday” video on YouTube. Design your own Earth Day Birthday card from recycled paper.	MEDIA Watch one of the videos on StoryLine Online. Retell the story to a grown-up. Make sure to include the title, beginning, middle and end.	GUIDANCE Write or draw what it means to be a good friend.