

3rd - 5th Grade Related Arts Choice Board

Directions for Related Arts for April 2-3, April 13-17 and April 22-30. Please choose and complete 1-2 activities a day. Do 3 of 4 boxes for each related arts area. You do not have to complete the entire board. Please sign each completed box and send a picture to a related arts teacher. Submit pics of completed boards in Dojo, Canvas, or email Related Arts teacher. Please send pics and videos of activities completed to Dojo, Canvas, or email. We would love to “see” the students!

PE - jhagood@rhmail.org Music - dpwade@rhmail.org STEAM - jcwhite@rhmail.org
Guidance - gpearson@rhmail.org Media - smcfate@rhmail.org Art - brice@rhmail.org

ART Draw a detailed scene from your favorite book, movie and/or game! Tell me about it.	MUSIC Use recycled materials to make an instrument. Play a 4 beat rhythm pattern on your instrument and repeat it 4 times.	PE Play rock paper scissors: Win – 30 second dance party, or do your favorite exercise Tie – 10 squat jumps Lose – 10 push-ups	STEAM Design and create paper airplanes and have a paper airplane competition.	MEDIA Read for at least 20 minutes.
GUIDANCE Write about how people are showing kindness to help others during this coronavirus pandemic.	ART Become a Pixar Animator!- Turn an everyday object into a character with a face, clothes & background story (By drawing OR your choice of materials).	MUSIC Watch “The Remarkable Farkle McBride” read aloud on YouTube. Write down each instrument family and each instrument Farkle played from that family.	PE Nutrition Log: On paper keep track of what you eat for one day. Reflect: Did you make healthy choices? How do you know? If you didn’t, what are some healthier options?	STEAM Use recycled materials to design an Earth day structure. Be creative!
MEDIA Create a book/journal about your experience during eLearning. Be creative in how you make your book and tell your story! (Hint: It can be either physical or digital!)	GUIDANCE Go to vacareerview.org click on grades K-5 at the top. Click on “Kid Search” Chose one career to research. Determine the salary for your career. How much education is needed?	FREE SPACE Go wash your hands for 20 seconds!	ART Draw/sculpt your art class & art teacher on an island. What are we doing? Add fun details and write about it!	MUSIC Freeze Dance! Turn on a song, move to the music, and randomly pause the music. Freeze when the music stops! Move the way the music sounds!
PE Watch, “5 minute move, Kids workout 1” on Youtube. Create your own circuit workout using your 5 favorite exercises. Do each exercise for 40 seconds with a 20 second rest inbetween.	STEAM Create an Earth Day video commercial. Include ways we can help our Earth (recycling, save energy and water, etc.)	MEDIA Pick one of your favorite books you’ve read this year and create a “Book Talk” about it. (What’s a book talk? It’s similar to being a Dragon Reader: Sharing why you liked the book to try to get others to read it!) See Canvas for tips.	GUIDANCE Discuss or write about how a character in one of your favorite tv shows or movie problem-solved.	ART Create a new character by combining two that exist. (Ex: Mickey Mouse & Captain America OR Minnie Mouse & Rapunzel)
MUSIC Sing and/or share a favorite song with someone in your house. Share why it is your favorite (i.e. you like the meaning of the words, you enjoy how it is piano or forte, you like the instruments you hear, etc.)	PE Practice the following ball skills, if you don’t have a ball, crumple up paper into a ball: -Throwing and tossing -Self toss and catch -Kicking (Toe Down) -Striking (Toss and Hit) -Basketball Shooting	STEAM Using only materials found outside, design a shelter for a small animal. (bunny, squirrel, bird)	MEDIA Design a poster promoting internet safety.	GUIDANCE Pick any object in the house and think of how many jobs it took to create the object. (Ex. Book-Author, illustrator, tree logger, publisher, ink maker, etc...)