

Parent & Child Activity Calendar

Oakdale Elementary School



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2018		1 It's Physical Fitness and Sports Month. Enjoy some new physical activity you can do together as a family.	2 Look at a photo in the newspaper today with your child. Talk about it. Then read the article together.	3 Celebrate National Bike Month by talking to your child about bicycle safety and the importance of wearing a helmet.	4 Encourage your child to put on a talent show or puppet show. You provide the popcorn and the applause.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.
6 At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.	7 Have your child look at her reflection on the back of a spoon. How does it make her appear?	8 Talk about the five food groups with your child. Together, try to classify the foods in your pantry.	9 Let your child draw on white paper with a white candle. His picture will magically appear when he paints over it with watercolors.	10 Help your child measure something with a ruler. Count the inches together.	11 Have a Family Night In. Pop a big bowl of popcorn. Everyone should curl up with a good book.	12 Tonight, look at the moon. Is it a crescent, full circle or half circle? Have your child draw the shape.
13 How would your child handle an emergency? Teach her how to call 911. What should she say?	14 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	15 Ask your child to complete this sentence: "If I had one wish, it would be ..."	16 Ask your child to imagine life 150 years ago. How about 150 years in the future?	17 At dinner, ask family members to share something they learned today.	18 Hide pennies around the house. Give your child a bag and have him find as many as he can.	19 Help your child check out a book on insects. Together, find and identify some in your backyard or the park.
20 Watch the news with your child. Choose a Person of the Week. Read more about that person.	21 Look at the weather forecast today. Have your child compare your weather to the weather in the rest of the country.	22 Look at photos from one year ago. Your child will be amazed at how much she has grown!	23 Help your child do something nice for someone else today.	24 Ask your child to give you a news report about what went on today. What's the "lead story"?	25 Remove three items from your purse or pocket. Show them to your child. Put them away. Can he name them?	26 Create a family joke book. Write one or two jokes per page. Staple the pages together.
27 Play a game with your child today. It can be an active outdoor game or a quiet board game.	28 Glue a photo of a family member on a page. Have your child decorate around it with drawings.	29 Fill glasses with different amounts of water. Have your child tap them with a spoon and listen to the different tones.	30 Play a game of Concentration using math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	31 Have your child make a book-mark. She can decorate construction paper and cover with clear contact paper or packing tape.		