

# Parent & Child Activity Calendar

Oakdale Elementary School



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 2018</b>		<b>1</b> With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	<b>2</b> Have a pretend phone call with your child. Talk about what she did yesterday and what she wants to do tomorrow.	<b>3</b> What is your child's favorite vegetable? Talk about different ways to prepare it. Cook it together.	<b>4</b> Let your child drink his breakfast today! Blend fruit, fruit juice, ice and yogurt to make a smoothie.	<b>5</b> Enjoy some outdoor physical activity as a family today.
<b>6</b> Teach your child about uppercase and lowercase letters. Show her how each letter can be written differently.	<b>7</b> Ask your child to give you words that rhyme with words you say.	<b>8</b> Help your child think of an imaginary land. Together, name it and make up a story about it.	<b>9</b> Make a book about your child. Have him make handprints and footprints with paint on paper. Staple the pages together.	<b>10</b> Let your child play with a large rubber ball. Encourage her to bounce it and try to catch it.	<b>11</b> Help your child make unusual prints by dipping flowers or other objects into paint and then pressing them onto paper.	<b>12</b> Use sidewalk chalk to draw pictures outside with your child on a warm day.
<b>13</b> Cook breakfast with your child for the rest of the family. Or invite friends over!	<b>14</b> Look through your child's baby book together. Let him know you love him more every year.	<b>15</b> Have your child fill a sink or tub with water. Test an assortment of objects. Which will float? Which will sink?	<b>16</b> Teach your child a favorite song from when you were her age.	<b>17</b> Cut out shapes from paper (triangle, rectangle, square, circle). Your child can arrange them to form a boat.	<b>18</b> Talk with your child about families. Who is in your family? What do families do?	<b>19</b> Take your child to the library. Check out a book about shapes.
<b>20</b> Garden together today. Pull weeds, spread mulch, plant flowers outside. Or pot plants indoors.	<b>21</b> Go on a color "shopping trip." Make a list of colors with your child. Try to find one item of each color in your house.	<b>22</b> Ask your child to draw a picture of an imaginary garden. How many different colors can he use?	<b>23</b> Watch an educational TV show with your child. Then discuss a value or practice a new skill from the show.	<b>24</b> When your child asks you to play, read or do a puzzle with her, say, "I'd love to!"	<b>25</b> Go outside and blow bubbles. See if your child can catch one without breaking it.	<b>26</b> Have a picnic today, either inside or outside.
<b>27</b> Help your child round up some friends and play a game together outside.	<b>28</b> Write a letter together to a loved one. Have your child draw pictures.	<b>29</b> Sing "If You're Happy and You Know It, Clap Your Hands" with your child. Add some words of your own.	<b>30</b> Ask your child: "What if trees grew from clouds?"	<b>31</b> Let your child decorate light-weight cardboard. Cut a hole at the top and he can use it as a door knob hanger.		